



SALTY'S SPORTS BAR

Restaurant Menu

Address: The Shoppes at Grand Harbour

Phone: (345) 333 1944

Cuisine: Sports Bar

APPETIZERS

Caribbean Conch Chowder

CI\$8

Carrot, onion, potatoes, celery

Cheesy Bacon Fries

CI\$8

Add: chilli CI\$3 / gravy CI\$2

Mozzarella Sticks

CI\$8

Lightly breaded mozzarella cheese sticks served with marinara for dipping

Salty's Wings

The most plump, crispy fried wings on island. Choose buffalo, sweet chilli, BBQ, sriracha, chilli lime dry rub or lemon pepper dry rub with your choice of ranch, blue cheese, spicy yogurt or creamy garlic parmesan. 6 for CI\$10 / 12 for CI\$18 / 18 for CI\$27

Conch Fritters

CI\$9.95

With jerk mayo

Fried Calamari

CI\$8.95

With jerk mayo or tartar sauce

Beef Samosas

CI\$8.95

Three beef samosas filled with beef, vegetables and Indian spices, served with a mint chutney

Pot Stickers

CI\$7.99

Five chicken and lemongrass or 5 pork and napa cabbage served with a hoisin dipping sauce

Potato Skins

CI\$8

Loaded with melted cheese, served with sour cream and green onion. Add: bacon CI\$2 / jalapeño CI\$1

Chicken Tenders

CI\$12

Served with fries and your choice of dipping sauce: honey mustard / sweet chilli / BBQ

Ultimate Nachos

CI\$13

Layered with cheese, onions, tomatoes, black beans and jalapeños, served with salsa, sour cream and freshly made guacamole. Add: chicken CI\$4.95 / pulled pork CI\$5.95 / chilli CI\$6.95 / shrimp CI\$7.95

Spinach, Artichoke & Cheese Dip

CI\$13.95

Freshly made spinach, artichoke and cheese dip served with tortilla chips

Veggie Spring Rolls

CI\$8.95

With sweet chilli sauce

WOOD-FIRED QUESADILLAS

All served with freshly made salsa, sour cream, guacamole and tortilla chips.

Chicken

CI\$12.95

Slow roasted pulled chicken, cheddar jack, mixed bell peppers and red onion

BBQ Pulled Pork

CI\$13.95

Slow roasted BBQ pulled pork, mixed bell peppers and cheddar jack

Shrimp

CI\$15.95

Shrimp, sundried tomato, pesto, feta and cheddar jack

Veggie

CI\$9.95

Mixed bell peppers, mushrooms, onions and cheddar jack

FRESH SALADS

Add: cajun / garlic and herb / jerk chicken CI\$4.95

Add: mahi mahi / shrimp CI\$7.95

Colossal Greens

CI\$11.95

Salty's favourite! Fresh lettuce with mixed bell peppers, red onion, corn, black beans, dates, broccoli florets, feta and parmesan, lightly tossed in house vinaigrette

Cobb Salad

Crisp romaine, tomato, cucumber, avocado, hard-boiled egg, bacon and cheddar jack, with a choice of ranch and blue cheese. Add: chicken CI\$15 / fish CI\$17 / shrimp CI\$18

Garden	CI\$8.95
Fresh baby greens, crisp vegetables and croutons, served with your favourite dressing	
Classic Caesar	CI\$9.95
Fresh romaine lettuce, crunch croutons and shredded parmesan	

WOOD-FIRED PIZZAS

Margherita Pizza	CI\$14.95
Tomato sauce, fresh mozzarella, fresh basil and drizzled with extra virgin olive oil	
Italia Pizza	CI\$16.95
Burrata, prosciutto and arugula with a tomato base	
Mediterranean Vegetable	CI\$15.95
Sun-dried tomato, kalamata olives, red peppers, baby spinach, feta and mozzarella	
Reggae	CI\$16.95
BBQ sauce, mozzarella cheese, jerk chicken, roasted peppers, wilted spinach, green onions and red onions	
Philly Cheesesteak	CI\$16.95
Jalapeño ranch sauce, green peppers, white onions, mushrooms, beef strips and mozzarella	
Meat Lovers	CI\$17.95
Tomato sauce, pepperoni, ham, Italian sausage, bacon and cheddar jack cheese	
Hawaiian	CI\$15.95
Tomato sauce, mozzarella cheese, chargrilled pineapple and ham	
Pepperoni	CI\$14.95
Tomato sauce, mozzarella cheese and pepperoni slices	

SALTY'S SPECIALTIES

Chef's Daily Special	CI\$17
Ask your server about today's special	
Rasta Pasta	CI\$15
Penne pasta in a light jerk cream sauce with peppers, onions, spinach and tomatoes. Add: shrimp CI\$7.95 / mahi CI\$6.95 / chicken CI\$4.95	

West Indian Curry

CI\$14

Lightly spiced coconut curry, mixed bell peppers and onions over a bed of white rice. Add chicken CI\$4.95 / seafood CI\$6.95

Steak & Fries

NY Strip topped with fries and coleslaw. Choice of 8oz for CI\$19.95 / 10oz CI\$22.95. Substitute: veggies CI\$3 / sweet potato fries CI\$2 / mashed potatoes CI\$3 / loaded baked potato CI\$5 / baked potato with sour cream CI\$3. Add: peppercorn sauce CI\$3 / mushrooms CI\$2.

Fajitas

CI\$13

Pan sizzling mixed bell peppers, onions and black beans with freshly made salsa, cheese, sour cream and guacamole. Add: cajun / garlic and herb / jerk chicken CI\$4.95 / shrimp CI\$7.95 / fish CI\$6.95 / steak CI\$7.95

Cottage Pie

CI\$15.95

Ground beef in rich onion gravy, peas and carrots, all topped with mashed potatoes and cheese

Stir Fry

CI\$14

Mushrooms, string beans, mixed peppers and onions, served on a bed of rice. Add: chicken CI\$4.95 / shrimp CI\$7.95

Spaghetti & Meatballs

CI\$14.95

Meatballs and marinara sauce with parmesan cheese and a slice of garlic toast

BBQ Ribs

Slow-roasted, fall off the bone baby back ribs in Kraken Rum, roasted garlic and red onion, BBQ sauce, with fries and coleslaw. Choose: 1/2 rack CI\$22 / full rack CI\$29. Add: peppercorn sauce CI\$3 / mushrooms CI\$2. Substitute: veggies CI\$3 / sweet potato fries CI\$2 / mashed potatoes CI\$3 / loaded baked potato CI\$5 / baked potato with sour cream CI\$3

Fish & Chips

Caybrew Light beer battered cod and chips, coleslaw and tartar sauce. 1 piece CI\$13 / 2 pieces CI\$18

Kraken Chilli

CI\$10.95

Topped with cheese and green onion with a side garden salad, Caesar salad or rice

Chicken Masala

CI\$16.95

Aromatic Indian curry served with white rice and papadums

BURGERS & SLIDERS

All burgers and sandwiches are served with fries.

Substitute a side garden salad CI\$2 / Caesar CI\$2 / colossal salad CI\$4.

Add: guacamole CI\$3 / sweet potato fries CI\$3.

Classic Burger **CI\$12.95**

Freshly made patty topped with lettuce, tomato and onions. Add: cheddar / Swiss / pepper jack / bacon CI\$1 each. Add: Kraken Rum BBQ sauce CI\$1.25

Black 'n' Blue Burger **CI\$15.95**

Freshly made burger patty filled with blacken spice and topped with blue cheese

Kraken BBQ **CI\$15.95**

Classic burger topped with BBQ sauce, bacon, cheddar

Veggie Burger **CI\$12.95**

Veggie patty with lettuce, tomato, onions. Add: cheddar / Swiss / pepper jack / bacon CI\$1 each. Add: Kraken Rum BBQ sauce for CI\$1.25

Jerk Burger Sliders **CI\$12.95**

Lightly seasoned topped with pepper jack, sliced pickle and jerk mayo

Pulled Pork Sliders **CI\$12.95**

Marinated in Budweiser and signature spices, topped with freshly made coleslaw

SANDWICHES

Cajun Club **CI\$13.95**

Blackened breast, bacon, avocado, lettuce, tomato, chipotle mayo, all on fresh homemade baguette

Fish Sandwich **CI\$15.95**

Mahi mahi fried, grilled or jerk topped with lettuce, tomato, onion and spicy yoghurt sauce

Fried Chicken Sandwich **CI\$11.95**

Crispy fried chicken sandwich, lettuce, tomato, onion with a spicy garlic aioli sauce. Add: cheddar / bacon CI\$1 each

Buffalo Chicken Wrap **CI\$13.95**

Crispy fried chicken tossed in buffalo sauce with lettuce, tomato, onion, Swiss and bleu cheese dressing wrapped in a flour tortilla

Philly Cheesesteak **CI\$14.95**

Sliced sirloin, bell peppers, onions and provolone served on a hoagie

BLT	CI\$8.95
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Bacon, lettuce, tomato and garlic aioli on Texas toast. Add: cheese CI\$1 / egg CI\$1 / avocado CI\$3

Chicken Shawarma Wrap	CI\$13.95
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Chicken marinated in shawarma spice, wrapped in a flour tortilla with lettuce, tomato, onion and cucumber, with a tzatziki and spicy mayo sauce, served with fries

Blackened Mahi Caesar Wrap	CI\$13.95
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Served with fries

SIDES

Fries	CI\$4
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Sweet Potato Fries	CI\$6
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Rice	CI\$4
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Mini Garden Salad	CI\$4
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Mini Caesar Salad	CI\$5
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Mini Colossal Salad	CI\$6
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Cup of Chilli	CI\$7
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Side of Pulled Pork	CI\$7
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Side of Onion Rings	CI\$5
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Loaded Baked Potato	CI\$6
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Cheese, bacon, sour cream and green onion

Vegetables	CI\$5
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Coleslaw	CI\$4
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Garlic Cheese Toast	CI\$4
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HOMEMADE DESSERTS

Add a scoop of vanilla ice cream CI\$3.

Chocolate Cake	CI\$8
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Key Lime Pie	CI\$8
Cheesecake	CI\$8
Bowl of Ice Cream	CI\$6
Vanilla or chocolate	

COCKTAILS

*straws upon request

Salty's Signature Cocktail	CI\$9
Blueberry vodka, passion fruit liquor, sweet and sour, cranberry juice, soda	
Bramble	CI\$9
Bombay bramble, lemon juice, sugar syrup, raspberry puree, soda	
Kraken Stormy	CI\$9
Kraken black spiced rum, fresh ginger, ginger beer	
Painkiller	CI\$9
Pusser's rum, pineapple, OJ, cream of coconut, fresh nutmeg	
Tito's Mule	CI\$9
Tito's handmade vodka, ginger beer, fresh lime juice	

WINES

By the glass/bottle.

Josh - Cabernet, California USA
CI\$9.95 / CI\$38
Hot to Trot - Blend, Washington USA
CI\$9.95 / CI\$34
Josh - Pinot Noir, California USA
CI\$9.95 / CI\$28
Alamos - Malbec, Argentina
CI\$8.98 / CI\$28

Velvet Devil - Merlot, Washington USA

CI\$9.95 / CI\$36

Villa Maria - Sauvignon Blanc, NZ

CI\$9.95 / CI\$36

Floradaliso - Pinot Grigio, Italy

CI\$7.75 / CI\$28

Eve - Chardonnay, Washington USA

CI\$9.95 / CI\$36

Two Oceans - Moscato, South Africa

CI\$7.95 / CI\$28

Fantinel - Prosecco, Italy

CI\$12

200ml

Josh - Rosé, California USA

CI\$9.95 / CI\$37.95

A 15% gratuity will be added to your final bill.

Last updated: Tue 22 Mar, 2022