

ISLAND NATURALS CAFÉ Drink Menu

Address: Coconut Plaza Phone: (345) 945 2252

Cuisine: Healthy Eating

If you are in a hurry, you can place your order ahead. Call 945-2252.

Delivery terms: Delivery is offered between West Bay and Prospect. Min order is \$30.

Delivery times: Opening Hours: 7am-7pm Monday to Friday, 8am-6pm Saturday and 8am-5pm Sunday

SMOOTHIES

Nutritious and Delicious (Add organic Brown Rice or Grassfed Whey Protein 1).

Green Smoothie Spinach, Kale, Banana, Green Supreme Juice	CI\$8
Chocolate Hemp Smoothie Hemp Seeds, Banana, Cacao, Cinnamon, Dates, Almond Milk	CI\$8
Tropical Smoothie Pineapple, Mango, Banana, Coconut & Almond Milk	CI\$8
Mango Blueberry Smoothie Mango, Blueberry, Banana, Almond Milk	CI\$8.25
Detox Smoothie Kale, Pineapple, Cinnamon, Coconut Milk, Honey	CI\$8
Breakfast Smoothie Granola, Strawberries, Banana, Almond Milk, Vanilla Chai Protein Powder	CI\$8.75
Mocha Maca Smoothie Maca, Coffee, Cacao, Banana, Coconut & Almond Milk	CI\$8.5
Natural Peanut Butter Chocolate Chip Smoothie Banana, Chocolate Chips, Peanut Butter, Chocolate Protein Powder, Rolled Oats, Almond Milk	CI\$8.5

Strawberry Peanut Butter Strawberry, Peanut Butter, Banana, Almond Milk	CI\$8.5
Mint Choclate Chip Banana, Spinach, Almond Butter, Mint Leaves, Chocolate Chips, Almond Milk	CI\$8.75
Chocolate Avocado Avocado, Cacao, Chocolate Chips, Vanilla, Agave, Almond Milk	CI\$8.5
Ginger Tumeric Mango Mango, Banana, Turmeric, Ginger, Honey, Black Pepper, Almond Milk	CI\$8.5
Tumeric Green Tea Spinach, Avocado, Banana, Matcha Powder, Turmeric, Almond Milk	CI\$8.5
Post Workout Strawberry, Raspberry, Blueberry, Banana, Oats, Brown Rice Protein Powder, Flax Seeds, Almond Mi	CI\$8.5
Flat Belly Almond Butter, Blueberry, Pineapple, Kale, Banana, Coconut Milk	CI\$8.5
Green Tea Cleanser Matcha Powder, Spinach, Kale, Banana, Chia Seeds, Flax Seeds, Almond Milk	CI\$8.5
Add Protein	

Organic Brown Rice in Natural, Vanilla or Chocolate | Grass-fed Whey in Natural

SPECIALTY BEVERAGES

All coffees are made with filtered water and a choice of coconut milk, almond milk, oat milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half.

CHAI LATTE SERVED HOT OR ICED	CI\$5.50
MATCHA GREEN TEA LATTE	CI\$5.50
SERVED HOT OR ICED	
GOLDEN MILK LATTE SERVED HOT OR ICED	CI\$5.50
LONDON FOG SERVED HOT	CI\$5.50

ADD AN ORGANIC FLAVOUR SHOT

Hazelnut | Caramel | Chocolate | Vanilla

BOOSTERS

Bulletproof Brain Octane Oil | Superfood Mushrooms

COFFEE

All coffees are made with filtered water and a choice of coconut milk, almond milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half.

FRESH BREWED COFFEE	CI\$4
LATTE	CI\$5.25
CAPPUCCINO	CI\$5
AMERICANO	CI\$4.50
CAFE MOCHA	CI\$5.50
RED EYE	CI\$4.25
FLAT WHITE	CI\$5
CORTADO	CI\$4
ESPRESSO	CI\$3.50
МАССНІАТО	CI\$3.50

ADD AN ORGANIC FLAVOUR SHOT

Hazelnut | Caramel | Chocolate | Vanilla

BOOSTERS

Bulletproof Brain Octane Oil | Superfood Mushrooms

TEA

All teas are made with filtered water and a choice of coconut milk, almond milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half.

At Arbor Teas, their daily mission is to find the world's most fantastic organic teas and deliver them as

sustainably as possible. From their exceptional collection of all organic and Fair Trade Certified® teas, to Carbonfree® business practices, to backyard compostable package, their passion is steeped in a desire to do worldly good and their vision is to remain organic to a tea.[™]

Black Teas Apricot Black Earl Grey English Breakfast Nilgiri Black * Chai *	CI\$4
Green Teas Bancha Green Ceylon Green Jasmine Green Moroccan Mint * Citrus Ginger Green * Raspberry Green *	CI\$4
White Tea Bai Mu Dan White	CI\$4
Oolong Tea Makaibari Estate Oolong	CI\$4
Lemongrass Tea Yaupon Lemongrass Orange Spice Lemongrass Tisane [caffeine free]	CI\$4
Rooibos Tea [caffeine free] Rooibos Peach Rooibos	CI\$4
Herbal [caffeine free] Chamomile Mint Echinacea Golden Ginger Turmeric Holy Basil Nettle Peppermint Crimson Berry *	CI\$4

*Try these teas iced!

ICED BEVERAGES

MAKE ANY COFFEE LARGE FOR \$1 MORE!

All coffees are made with filtered water and a choice of coconut milk, almond milk, oat milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half.

ICED COLD BREW	CI\$4.75
ICED LATTE	CI\$5.25
	CI\$4.50
	CI\$5.50
ICED BREWED COFFEE	CI\$4

CARAMEL FRAPPE	CI\$6.50
MOCHA FRAPPE	CI\$6.50
VANILLA FRAPPE	CI\$6.50
ADD AN ORGANIC FLAVOUR SHOT	

Hazelnut | Caramel | Chocolate | Vanilla

BOOSTERS

Bulletproof Brain Octane Oil | Superfood Mushrooms

Last updated: Tue 11 Jan, 2022