



BREAD AND CHOCOLATE

All Day Menu

Address: 3 Dr Roy's Drive

Phone: (345) 946 6239

Cuisine: Vegan Bistro

Delivery terms: Free central George Town delivery.

Delivery times: Mon-Fri 8am-3pm & 5.30pm-8pm, Sat-Sun 8am-2pm

BREAKFAST

Breakfast Sandwich

CI\$12.95

Breakfast scramble* (tofu with red onion & tumeric), hickory smoked tempeh , tomato, and house-made garlic aioli on a fresh baked sesame seed bun. Served with home fried and fresh fruit

Breakfast Tacos

CI\$12.95

Two tacos with home made fries, red onion, bell peppers and hickory smoked tempeh in a corn tortilla with a side of black beans. Topped with fresh made sour cream and pico de gallo (Add guacamole for CI\$5)

Sunshine Pancakes

CI\$11.95

Two gluten free buckwheat, brown rice and walnut pancakes, served with fresh fruit and table syrup. Top with house-made coconut ice cream (CI\$3) Add our signature chocolate hazelnut butter (CI\$3) Add a 2oz jug 100% pure maple syrup (CI\$4.50)

SANDWICHES

Philly Sandwich

CI\$12.95

Seasoned seitan strips, grilled with red bell peppers, button mushrooms and red onion, topped with raw cashew cheddar queso on grilled baguette

Tempeh B.L.T

CI\$9.95

Hickory smoked tempeh, lettuce and tomato with house-made garlic aioli on toasted whole grain bread

The Angus Beet Burger

CI\$10.95

Picka peppa-infused shredded beet, brown rice and lentil patty with fresh garlic aioli, lettuce, tomato, red onion on sesame seed bun

FAVOURITES

Pizza with Salad**CI\$17**

A daily variation of toppings, house made cheeses and sauces, all on fresh baked flatbread style crust. Served with choice of salad

Shepherd's Pie**CI\$13**

Chopped root vegetables and lentils topped with smashed potatoes and mushroom gravy. Served with garlic sauteed seasonal greens

SALAD AND SOUPS

Spinach Salad**CI\$9**

Grilled red onion, dried cranberries and walnuts on a bed of baby spinach topped with hickory smoked tempeh coconut vinaigrette

This is a sample menu. Prices and dishes displayed may change at anytime.

Last updated: Wed 03 Aug, 2022