



## BLUE ROCK RESTAURANT BAR & LOUNGE

### All Day Menu

Address: 110 Heron Place

Phone: (345) 945 7625

Cuisine: Sports Bar and Lounge

## SOUPS AND APPETIZERS

<b>Conch Chowder</b>	<b>CI\$5</b>
Chives, Crackers. (CI\$8.50 for Large Soup)	
<b>Pot Stickers</b>	<b>CI\$6.50</b>
Vegetables or Chicken Ponzu Sauce	
<b>Coconut Shrimp</b>	<b>CI\$10.95</b>
Orange, Ginger Sauce, Chili Mayo	
<b>Conch Fritters</b>	<b>CI\$9.5</b>
Jerk Tartar Sauce	

## SALADS

*Add: Chicken (CI\$5), Fresh Catch or Grilled Shrimp (CI\$6), Seared Local Tuna (CI\$7).*

<b>Caesar Salad</b>	<b>CI\$8.5</b>
Bacon, Parmesan, Bread Croutons, Caesar Dressing	
<b>Quinoa</b>	<b>CI\$8.5</b>
Greens, Olives, Edamame, Cucumber, Avocado, Tomatoes, Pumpkin Seed	
<b>Greek</b>	<b>CI\$9</b>
Tomatoes, Onions, Cucumbers, Bell Peppers, Olives, Feta Cheese, Romaine Lettuce, Tossed in Greek Dressing	
<b>Asian Chop Salad</b>	<b>CI\$8.5</b>
Crispy Noodles, Carrots, Broccoli, Scallion, Black Beans, Teriyaki Sauce	
<b>Cobb</b>	<b>CI\$10.5</b>
Avocado, Bacon, Boiled Egg, Tomatoes, Cucumber, Blue Cheese	

<b>Garden</b>	<b>CI\$9</b>
Spinach, Mango, Chickpeas, Avocado, Roasted Walnuts, Lemon Dressing	
<b>Caprese</b>	<b>CI\$9</b>
Organic Tomato, Fresh Mozzarella Basil, Balsamic Vinaigrette	

## MAINS

*All sandwiches are accompanied by fries, onion rings or salad.*

<b>BLT</b>	<b>CI\$10</b>
Bacon, Lettuce, Tomato on Toasted White or Wheat Bread	
<b>Burger</b>	<b>CI\$14</b>
Beef, Lamb, Chicken or Vegetarian. Served with Grilled Onions, Mushrooms, Tomatoes, Lettuce, and Choice of Cheddar or Swiss Cheese. Add Bacon CI\$1.50	
<b>Fish &amp; Chips</b>	<b>CI\$13.95</b>
Caybrew Beer Battered Fresh Fish Of The Day, Served with Lemon Tartar Sauce	
<b>Chicken Tikka Masala</b>	<b>CI\$19.5</b>
Chicken Tikka Simmered in Rich Buttery Tomato Gravy	

## DESSERTS

<b>Sticky Toffee Pudding</b>	<b>CI\$8.5</b>
Toffee Sauce. Add Vanilla Ice-Cream (one scoop) (CI\$2.5)	
<b>Key Lime Pie</b>	<b>CI\$7.5</b>
Lime Cream	
<b>Sorbets</b>	<b>CI\$6</b>
Mango, Lemon	

This is sample menu. Prices and dishes displayed may change at any time.

Last updated: Mon 01 Aug, 2022