



BLUE ROCK RESTAURANT BAR & LOUNGE

All Day Menu

Address: 110 Heron Place

Phone: (345) 945 7625

Cuisine: Sports Bar and Lounge

SOUPS AND APPETIZERS

Conch Chowder	CI\$5
Chives, Crackers. (CI\$8.50 for Large Soup)	
Pot Stickers	CI\$6.50
Vegetables or Chicken Ponzu Sauce	
Coconut Shrimp	CI\$10.95
Orange, Ginger Sauce, Chili Mayo	
Conch Fritters	CI\$9.5
Jerk Tartar Sauce	

SALADS

Add: Chicken (CI\$5), Fresh Catch or Grilled Shrimp (CI\$6), Seared Local Tuna (CI\$7).

Caesar Salad	CI\$8.5
Bacon, Parmesan, Bread Croutons, Caesar Dressing	
Quinoa	CI\$8.5
Greens, Olives, Edamame, Cucumber, Avocado, Tomatoes, Pumpkin Seed	
Greek	CI\$9
Tomatoes, Onions, Cucumbers, Bell Peppers, Olives, Feta Cheese, Romaine Lettuce, Tossed in Greek Dressing	
Asian Chop Salad	CI\$8.5
Crispy Noodles, Carrots, Broccoli, Scallion, Black Beans, Teriyaki Sauce	
Cobb	CI\$10.5
Avocado, Bacon, Boiled Egg, Tomatoes, Cucumber, Blue Cheese	

Garden	CI\$9
Spinach, Mango, Chickpeas, Avocado, Roasted Walnuts, Lemon Dressing	
Caprese	CI\$9
Organic Tomato, Fresh Mozzarella Basil, Balsamic Vinaigrette	

MAINS

All sandwiches are accompanied by fries, onion rings or salad.

BLT	CI\$10
Bacon, Lettuce, Tomato on Toasted White or Wheat Bread	
Burger	CI\$14
Beef, Lamb, Chicken or Vegetarian. Served with Grilled Onions, Mushrooms, Tomatoes, Lettuce, and Choice of Cheddar or Swiss Cheese. Add Bacon CI\$1.50	
Fish & Chips	CI\$13.95
Caybrew Beer Battered Fresh Fish Of The Day, Served with Lemon Tartar Sauce	
Chicken Tikka Masala	CI\$19.5
Chicken Tikka Simmered in Rich Buttery Tomato Gravy	

DESSERTS

Sticky Toffee Pudding	CI\$8.5
Toffee Sauce. Add Vanilla Ice-Cream (one scoop) (CI\$2.5)	
Key Lime Pie	CI\$7.5
Lime Cream	
Sorbets	CI\$6
Mango, Lemon	

This is sample menu. Prices and dishes displayed may change at any time.

Last updated: Mon 01 Aug, 2022